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# An Analysis of Maternal Psychological Conflicts in My Sister's Keeper (2009) from a Psychoanalytic Perspective

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This study analyzes the psychological conflicts experienced by Sara Article History Fitzgerald in My Sister's Keeper (2009) using a psychoanalytic Received: 07-Feb-2025 approach. By applying Sigmund Freud's theory of the Id, Ego, and Superego, this research explores how Sara's unconscious psychological factors influence her medical decision-making for her children. The study examines Sara's internal struggles, ethical dilemmas, and the emotional burden she faces as a mother balancing her responsibilities toward her terminally ill daughter, Kate, and her other children. The findings reveal that Sara's Id Freudian Theory, drives her impulsive decisions to prioritize Kate's survival, her Ego Maternal Conflict, attempts to mediate between rational choices and emotional Medical Decisionresponses, while her Superego generates guilt as she confronts moral and ethical considerations. Additionally, the research highlights the impact of Sara's attachment patterns on her relationships with her children, showing how insecure attachments contribute to family conflicts. Through a detailed analysis of key scenes, this study illustrates how My Sister's Keeper portrays the complexity of maternal love, moral responsibility, and the psychological challenges of life-altering decisions.

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#### **Keywords:**

Psychoanalysis, Making, My Sister's Keeper

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#### INTRODUCTION

Mothers often carry a profound emotional and moral responsibility for the well-being of their children. This responsibility becomes especially complex when they must make medical decisions that directly affect a child's life. Such decisions are rarely straightforward, as they involve more than just medical information. They are shaped by a mother's instinct to protect, her sense of duty to the family, the advice of medical professionals, and the emotional weight of the situation itself (Polakova et al., 2024). These psychological burdens are vividly illustrated in Nick Cassavetes' film My Sister's Keeper (2009), which

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tells the story of Sara Fitzgerald, a mother who is forced to confront difficult choices while fighting to save her daughter from leukemia.

Scholars have paid considerable attention to the dilemmas parents face in similar contexts. (Battistella-Lima and Botelho, 2019) note that emotions such as fear, guilt, and hope frequently shape maternal decision-making. (Aarthun, Øymar and Akerjordet, 2019) emphasize the important but complicated role of medical professionals in guiding parents through these decisions. (Bosley, 2021), meanwhile, underline the ethical tensions that emerge when parental autonomy appears to conflict with a child's best interests. While these studies provide important insights, they often focus on ethical and medical considerations, with less attention given to the inner psychological struggles mothers face when making such decisions.

This study seeks to address that gap by analyzing maternal psychological conflicts from a psychoanalytic perspective. Freud's concepts of the id, ego, and superego offer a useful framework to understand how unconscious impulses, rational judgment, and moral expectations interact in moments of crisis (Farret, 2025). By applying this framework to the character of Sara Fitzgerald, the analysis reveals how her instinctual drive to protect her child (id), her rational evaluation of medical options (ego), and the social and moral expectations of motherhood (superego) constantly clash and create internal conflict.

Earlier discussions of My Sister's Keeper have mostly examined the story through legal or bioethical perspectives (Scholarworks@gvsu, Bianchi and Schroskey, 2014). These studies shed light on parental rights and medical ethics, but they do not fully explore the psychological depth of Sara's experience. This research offers a different angle by focusing on her maternal conflicts from a psychoanalytic standpoint. The novelty of this study lies in its combination of psychoanalytic theory with film analysis, showing how cinema can be used to uncover the emotional and psychological realities of mothers facing medical dilemmas (Herdayanti and Satria, 2021).

Based on this framework, the central question of this research is: How are maternal psychological conflicts represented in My Sister's Keeper (2009) when analyzed through Freud's concepts of the id, ego, and superego? By answering this question, the study aims to contribute to ongoing discussions on motherhood and decision-making, while also enriching the application of psychoanalytic theory in literary and film studies (Mahdi Ahmed, Azni Idris et al., 2011).

#### **Previous Study**

Previous studies have extensively examined the parental role in pediatric healthcare. (Binford, 2022) discuss the ethical challenges parents face when making medical decisions for their children, emphasizing the importance of balancing medical recommendations with personal values. While these studies provide foundational insights, they do not specifically address the unique psychological conflicts mothers experience.

(Rook et al., 2021) investigate the emotional factors influencing maternal decision-making in complex medical cases. Their findings reveal that mothers often experience heightened emotional responses, including fear and guilt, which significantly shape their decisions. However, their work lacks a detailed exploration of how these emotions interact with broader ethical and psychoanalytic considerations.

(Gengler, 2020) focus on parental interactions with healthcare professionals, highlighting the importance of clear communication and trust in facilitating decision-making. While their study provides valuable insights into external influences, it does not delve into the internal psychological dynamics explored in this research. By integrating these perspectives, the present study bridges gaps in the literature and offers a more holistic understanding of the maternal role in medical decision-making.

(Tauquer et al., 2023) examine the ethical pressures parents face when making life-altering medical decisions for their children. They highlight the tension between upholding parental autonomy and prioritizing the child's best interests. However, their analysis primarily centers on external ethical frameworks without addressing the internal conflicts mothers may experience.

(Bieber et al., 2020) explores bioethical dilemmas in medical decision-making as portrayed in fictional narratives. Their work demonstrates how films like My Sister's Keeper can illuminate real-world ethical challenges but does not integrate psychoanalytic theories to explain character motivations and maternal struggles.

(Erci et al., 2016) applies Freud's psychoanalytic framework to parenting dilemmas, providing insights into the psychological forces that drive decision-making. While the study is comprehensive in theoretical application, it lacks specific examples from medical or bioethical contexts. This research addresses

the gap by applying psychoanalytic theory to maternal roles in pediatric healthcare.

# **Psychoanalytic Theory**

Freud's psychoanalytic theory provides a foundational framework for understanding human behavior, particularly internal conflicts. The id, ego, and superego represent different facets of the human psyche, with the id driving instinctual desires, the ego mediating rationality, and the superego embodying societal norms and morality (O'sullivan, 2016). In the context of medical decision-making, these components help explain the psychological tension faced by parents, especially mothers, as they navigate instinctive protective drives versus rational and ethical considerations.

This theory has been widely applied in parenting studies to explore how internal psychological conflicts influence decision-making. For example, when a mother must decide between prioritizing the health of one child versus considering the well-being of other family members, the id may drive her toward immediate protection, while the superego introduces moral constraints (Safitri and Purwani, 2022) highlights the usefulness of this framework in examining dilemmas like those faced by Sara Fitzgerald in My Sister's Keeper.

Additionally, psychoanalytic theory sheds light on the role of guilt and anxiety in maternal decision-making. Freud's concepts of unconscious drives suggest that guilt may stem from perceived failures to meet societal or familial expectations, influencing the mother's actions. This interplay of internal forces often complicates rational decision-making, as demonstrated in the character of Sara, whose choices reflect a continuous negotiation between these competing drives.

### **Ethical Frameworks in Parental Decision-Making**

Ethical theories provide another layer of understanding in medical decision-making, particularly regarding prioritizing the child's best interests. The principle of beneficence emphasizes the moral obligation of parents to act in ways that maximize their child's well-being (Polakova *et al.*, 2024). This principle often conflicts with other ethical considerations, such as autonomy and justice, especially in cases where decisions impact more than one family member.

(Salter et al., 2023) argue that ethical dilemmas in pediatric care often arise from the need to balance these competing principles. For instance, Sara's decision to prioritize Kate's health over Anna's autonomy illustrates the

inherent tension in such scenarios. Ethical frameworks guide parents in evaluating the consequences of their choices while considering both medical recommendations and familial values.

Moreover, these frameworks highlight the role of external influences, such as healthcare professionals and societal expectations, in shaping parental decisions. By incorporating ethical principles into their guidance, medical teams can help parents navigate complex choices. This is evident in studies like (Bosley, 2021), which examine how parents perceive ethical pressures and make informed decisions under challenging circumstances.

## **Social Support Theory**

Social support theory highlights the importance of interpersonal relationships in coping with stressful situations, including medical decision-making. This theory categorizes support into emotional, informational, and instrumental forms, all of which play critical roles in parental decision-making (Aarthun, Øymar and Akerjordet, 2019). Emotional support, such as empathy from family and friends, helps reduce anxiety and provides reassurance, while informational support offers parents the knowledge needed to make informed choices.

In the context of My Sister's Keeper, Sara's reliance on family discussions and input reflects the significance of social support. (Aarthun, Øymar and Akerjordet, 2019) note that these interactions often help parents evaluate options and align decisions with their values and responsibilities. Instrumental support, such as assistance from healthcare providers, further complements these efforts by ensuring parents feel empowered and informed.

Social support theory also underscores the broader familial dynamics that influence parental decisions. Parents often juggle the needs of multiple children while seeking consensus within the family. This dynamic is particularly evident in Sara's struggle to prioritize Kate's treatment while considering Anna's autonomy. By framing these interactions within social support theory, the study highlights the relational aspects of medical decision-making.

This study offers a unique contribution by focusing on the intersection of psychoanalytic theory and the maternal role in medical decision-making, specifically as depicted in My Sister's Keeper. While previous studies have explored parental roles in healthcare settings, few have applied Freud's psychoanalytic framework to analyze the internal conflicts and moral dilemmas

faced by mothers (Arnold et al., 2025). By emphasizing the interplay of the id, ego, and superego, this research provides a novel perspective on how maternal instincts and societal expectations shape decisions.

Additionally, this study is distinctive in its use of a fictional narrative to illustrate real-world psychological and ethical complexities. The character of Sara Fitzgerald exemplifies the multifaceted pressures mothers face, making the research both relevant and relatable for understanding broader trends in parental decision-making. Previous analyses of My Sister's Keeper have focused on bioethical themes, but this study uniquely integrates psychoanalytic insights (Aarthun, Øymar and Akerjordet, 2019).

Finally, the research highlights the ethical tensions that arise when balancing the needs of different children within the same family. Unlike traditional studies that primarily consider the child-patient relationship, this analysis underscores the familial dynamics and their impact on decision-making. By doing so, it expands the scope of psychoanalytic and ethical inquiry in parental roles (Bosley, 2021).

#### RESEARCH METHODOLOGY

# Type of the Study

This research employs a qualitative method with descriptive analysis, which is considered appropriate for examining the meaning and complexity of maternal roles and medical decision-making as depicted in Nick Cassavetes' film My Sister's Keeper (2009). It provides an in-depth understanding of the psychological and emotional dimensions of Sara Fitzgerald's character through the lens of Sigmund Freud's psychoanalytic theory. This research facilitates the exploration of subconscious motivations and internal conflicts shaping Sara's decision-making process in facing ethical and familial dilemmas.

### Type of Data and Data Sources

The data in this research is qualitative, comprising primary and secondary sources. The primary data is the film My Sister's Keeper (2009), directed by Nick Cassavetes, specifically focusing on the dialogues, actions, and expressions of Sara Fitzgerald, as well as scenes depicting her internal conflicts and interactions with her family in making medical decisions. Secondary data includes literature on Freud's psychoanalytic theory, particularly the concepts of Id, Ego, and Superego, along with academic articles, books, and journals relevant to maternal roles, medical decision-making, and psychoanalytic character analysis in films.

## **Objects of Study**

The object of this research is the character Sara Fitzgerald in the film My Sister's Keeper, with a focus on the psychoanalytic dynamics influencing her decision-making. The tension between the Id, Ego, and Superego reflects Sara's conflict in protecting her ailing daughter, Kate, addressing the consequences for Anna, and fulfilling her moral and social obligations as a mother. This research also analyzes how these conflicts affect Sara's relationships with her children and are reflected in her actions and dialogues throughout the film.

## Method of Collecting Data

This research employs flexible data collection methods characteristic of qualitative studies, with content analysis as the primary approach for extracting data from the film and supporting literature. The first stage is film analysis, where the researcher thoroughly watches the film to understand Sara Fitzgerald's character and decision-making processes, identifying key scenes that depict psychoanalytic conflicts between the Id, Ego, and Superego. Next, a literature review is conducted by collecting relevant books and journal articles related to Freud's psychoanalytic theory and maternal decision-making, which are then used to build a relevant analytical framework. Additionally, data documentation is carried out by recording important scenes and dialogues that reflect Sara's psychological conflicts and documenting insights from secondary literature to support the analysis. Through these steps, the research aims to provide a deep understanding of Sara Fitzgerald's psychological dynamics in facing complex ethical dilemmas (Rifka Alkhilyatul Ma'rifat, I Made Suraharta, 2024).

#### **Data Analysis Technique**

The data analysis in this study employs a qualitative approach based on Sigmund Freud's psychoanalytic theory. This approach was chosen to delve deeply into the internal conflicts experienced by Sara, the main character, by applying the concepts of Id, Ego, and Superego. These analysis stages are designed to provide a comprehensive understanding of the psychological and ethical dynamics reflected in the story. The steps of the analysis are as follows:

**Scene Description**: The first step involves identifying key scenes in the film that depict Sara's internal conflicts, particularly regarding decisions involving Kate and Anna. Each scene is described in detail, noting expressions, dialogues, actions, as well as the emotional and social contexts influencing Sara's decisions.

**Psychoanalytic Analysis**: Each scene is analyzed using Freud's concepts of Id, Ego, and Superego. The Id represents Sara's instinctive drive to protect Kate, the Ego explores her efforts to balance reality with her emotional needs, while the Superego reveals the moral values and guilt that influence her actions.

Interpretation: The results of the analysis using Id, Ego, and Superego are synthesized to comprehensively understand Sara's psychological dynamics,

uncovering main themes such as maternal sacrifice and moral conflict, as well as explaining the impact of her decisions on her family and their broader ethical implications.

# RESULT AND DISCUSSION

# Result

The findings of this study indicate that Sara Fitzgerald's decisions as a mother in My Sister's Keeper (2009) are strongly shaped by psychological conflicts that can be explained through Freud's theory of the id, ego, and superego. Her choices are not only based on medical logic but also influenced by unconscious drives, moral expectations, and emotional pressure.

Sara's maternal instinct, represented by the id, makes her persistently fight for Kate's survival, even when it causes tension in the family. Her ego tries to balance this instinct with practical reasoning, convincing herself that every sacrifice is worthwhile if it keeps Kate alive. Meanwhile, her superego reinforces the belief that a "good mother" must never give up on her child. These three forces often clash, creating the core of Sara's internal struggle.

A clear example is seen when Anna sues her parents for medical emancipation. Sara's reaction—"You're suing us? What the hell is going on?"—shows her iddriven fear of losing control. Her ego struggles to process Anna's choice, while the superego frames her anger as moral duty, believing that Anna is betraying the family. This illustrates how Sara's unconscious conflicts guide her actions and emotional responses.

The impact of these conflicts can also be seen in the children's attachment patterns. Anna demonstrates an insecure-avoidant attachment by turning to a lawyer instead of her mother: "I want to sue my parents for the rights to my own body." Jesse shows an insecure-ambivalent attachment, feeling invisible because his mother focuses solely on Kate: "They barely even noticed that Jesse was dyslexic." Kate herself experiences a disorganized attachment, since her mother continues treatment despite her wish to stop, leading to emotional distance between them. By contrast, Brian provides a secure attachment for Anna, as reflected in his line: "Sometimes we have to listen to what our kids are trying to tell us, even if we don't want to hear it."

Parenting styles also play a role. Sara often displays an authoritarian style, pressuring Anna with: "That's your sister. Have you forgotten?" This shows her tendency to impose decisions without considering Anna's perspective. Brian, however, is more authoritative, respecting Anna's

autonomy, while Sara's neglect of Jesse reflects aspects of a neglectful style. These differences highlight the uneven distribution of care within the family.

The children's psychological development is deeply affected by these dynamics. Kate feels powerless over her own body, Anna struggles with identity—"I wouldn't even be alive if Kate wasn't sick"—and Jesse seeks attention through destructive behavior. These outcomes underline how Sara's psychological conflict extends beyond herself and shapes her children's sense of self.

A turning point comes after Kate's death. Anna narrates: "Mom went back to work, rebuilt her practice, and is now making a very nice living." This suggests Sara eventually reconciles with her loss, letting go of her rigid control and learning to rebuild her relationship with her surviving children.

#### Discussion

In My Sister's Keeper, Sara Fitzgerald's medical decisions for her children are deeply influenced by unconscious psychological factors, as illustrated through Freud's concepts of the Id, Ego, and Superego. Sara's attachment patterns with her children shape her behavior and decisions, leading to emotional and moral conflicts. Her relationship with Brian and Anna showcases secure attachment, as Brian respects Anna's autonomy, while her bond with Anna exhibits insecure-avoidant attachment, as Anna seeks legal emancipation, unable to communicate openly with her mother. Jesse, neglected emotionally by Sara, exhibits destructive behavior, and Kate's relationship with Sara reflects disorganized attachment, with Sara ignoring Kate's wishes in favor of controlling her treatment (Ariestiani, 2012)

Sara's Id drives her to make impulsive decisions to protect Kate, as seen when she reacts angrily to Brian's plan to take Kate to the beach (01:08:11 – 01:08:52). Her Ego rationalizes these decisions, but her Superego creates guilt, as she feels a moral duty to prioritize Kate's survival, even at the expense of her other children (Safitri and Purwani, 2022) . In the scene where Sara agrees to have another child as a potential donor for Kate (14:47 – 15:23), her Id pushes for immediate action, while her Superego grapples with the ethical consequences (Larassanti, 2013). Anna's choice to sue her parents for bodily autonomy (16:10 – 16:20) symbolizes her assertion of independence, reflecting the tension between personal autonomy and family duty. Ultimately, the emotional burden of Sara's decisions is evident in Kate's acceptance of her illness, as she seeks closure (01:25:25), highlighting the psychological toll on the

entire family. Through these dynamics, the film explores the complex interplay between parental love, moral responsibility, and the psychological factors that influence life-altering decisions .

#### **CONCLUSION**

The conclusion is intended to help the reader understand why your research should matter to them after they have finished reading the paper. A conclusion is not merely a summary of the main topics covered or a re-statement of your research problem, but a synthesis of key points. It is important that the conclusion does not leave the questions unanswered (Restu Pitri, Asridayani, 2010).

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#### ATTACHMENT

No	Scene and Duration	Psychoanalytic Analysis	Description
1	(01:55)	<b>Id:</b> The basic desire to be valued	Anna realizes that
	Anna (V.O.): "I was	and accepted as they are, without	she was not born
	engineered. Born for	always having to be useful to	naturally but
	a particular reason.	others.	genetically
	A scientist hooked	Ego: Anna allows herself to	engineered to save
	up my mother's	balance the fact that she was	her sister, Kate. This
	eggs and my	created for a specific purpose	dialogue highlights
	father's sperm to	while still living her daily life like	Anna's identity
	make a specific	any other child.	conflict due to her
	combination of	Superego: Anna's superego makes	role in the family.
	genes. He did it to	her feel guilty for questioning her	
	save my sister's	existence, which is supposed to be	
	life."	noble in saving Kate.	
2	(03:26 - 03:36)	Id: It causes Sara to impulsively	Sara decides to quit
	Anna (V.O.): "Since	decide to leave her career and	her career as a lawyer

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	my sister got sick,	focus entirely on caring for Kate,	to focus on caring for
	things have	without considering the needs of	Kate. This decision
	changed. Aunt	the rest of the family.	completely changes
	Kelly only works	<b>Ego:</b> Acts in a logical way, seeking	her life and
	part-time and Mom	practical solutions even if it means	demonstrates the
	quit her job as a	sacrificing their career as a	significant sacrifices
	lawyer. Her life	consequence.	she makes as a
	now revolves	Superego: Sara supports her	mother.
	around keeping	decision because she believes that	
	Kate alive."	a mother should be willing to	
		sacrifice for her child.	
3	(04:18 - 04:35)	<b>Id:</b> The Id's drive is seen in Sara's	Sara firmly tells Kate
	Sara: "Eat, Kate."	excessive control over Kate's	to eat healthy food
	Kate: "I'm eating."	eating habits.	even though Kate
	Sara: "It's not	<b>Ego:</b> Adjusting the diet to ensure	feels she has eaten
	good?"	Kate's health is maintained.	enough. This scene
	Kate: "It's really	Superego: strengthens Sara's	portrays Sara's
	good, mom."	sense of moral responsibility for	obsessive control
	<b>Brian:</b> "It's good to	her actions.	over Kate's health
	me."		and the tense family
			dynamics.
4	(10:07 - 11:35)	Id: Sara's id drives her to do	After the doctor
	Sara: "Oncology?	anything to save Kate's life.	informs them of
	But that's cancer."	Ego: Sara's ego accepts the	Kate's critical
	<b>Doctor:</b> "Her white	medical solution because it seems	condition, Sara
	blood count is very	like a reasonable step.	refuses to
	low it seems that	Superego: Sara's superego	acknowledge the
	Kate could have	strengthens the belief that not	possibility that her
	acute promyelocytic	fighting means failing as a mother.	daughter might die.
	leukemia."		She asserts that she
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	Sara is in the room		will not let it happen.
	with Brian.		
	Sara: "I'm not gonna		
	let her die."		
5	(14:47 - 15:23)	<b>Id:</b> Brian and Sara are driven by	Sara and Brian
	In Hospital	their personal desires to consider	discuss the possibility
	<b>Doctor:</b> "Have you	using reproductive technology.	of having another
	considered having	Ego: The Ego tries to find a	child as a donor for
	another child?but	reasonable solution based on the	Kate. This scene
	umbilical blood can	reality and circumstances at hand.	highlights their
	be incredibly	<b>Superego:</b> The part of themselves	significant decision
	effective tool in	starts to question whether this	without considering
	treating leukemic	decision aligns with what is	the emotional
	patients. It's like a	considered right or wrong.	consequences for the
	miracle."		child to be born.
	Brian: "A donor		
	child?"		
	Sara: "Well, we		
	gotta do it. We gotta		
	try. "		
	(4.6.40, 4.6.20)		A 1 1
6	(16:10 - 16:20)	<b>Id:</b> The impulse of the Id appears	Anna reveals to her
	Sara: "Anna, what is	in the form of a basic need to live	family that she is
	this? Is this from	without pain.	suing her parents for
	you?"	<b>Ego:</b> Anna's Ego chooses the legal	the right to her own
	<b>Anna:</b> "Yeah, I got a	path as a practical solution.	body. This decision
	lawyer."	<b>Superego:</b> Anna's superego feels	shocks Sara and
	Sara: "You're suing	guilty towards Kate and her	becomes a point of
	us? Well, honey,	parents.	conflict within the
	what the hell is		family.
	going on?"		
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to do it anymore,		
Mom."		
7 (16:35 - 16:40)	Id: Sara's Id impulse manifests as	Sara, angry and
Sara: "That's your	impulsive anger.	confused, confronts
sister. Have you	Ego: Sara's ego tries to understand	Anna for seemingly
forgotten?"	Anna's reasons, even though	abandoning her
Anna: "No."	emotions dominate.	responsibility as a
Sara: "Do you know	Superego: Sara merasa bahwa	sister. This scene
what's gonna	Anna telah bertindak	shows the tension
happen?"	bertentangan dengan nilai-nilai	between Anna's
Anna: "Yeah.	yang dijunjung tinggi oleh	individual rights and
Believe it or not,	keluarga.	Sara's demands as a
Mom, I actually		mother.
thought about it."		
8 (20:09 - 20:14)	<b>Id:</b> Sara's impulsive urge to save Kate	Brian recalls Anna
Flashback	without considering Anna's trauma.	first bone marrow
Brian (V.O.): "She	<b>Ego:</b> The decision to take the bone	extraction when she
was so little when	marrow because it's the available	was five years old.
all this started.	medical solution. Superego:	This scene reveals
When did she start	Justifying this action as a moral	how Anna has been
wanting to make	obligation to the family.	a "medical tool" for
her own decisions?"		Kate since
		childhood.
9 (01:08:11-01:08:52)	<b>Id:</b> Sara shows a strong inner urge	Sara refuses Brian's
	by refusing to take Kate to the	plan to take Kate to
<b>Brian:</b> "We're taking	0	Promite to the control of
Brian: "We're taking her to the beach."	beach due to her deep fear,	the beach, fearing it
	•	_
her to the beach."	beach due to her deep fear,	the beach, fearing it

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	hospital? Brian!	situation by ignoring Kate's desire	wanting to give Kate
	Brian! It'll kill her!	to enjoy her last day at the beach.	a happy final
	Give me the keys,	<b>Superego:</b> Sara's superego makes	moment.
	I'm taking her back	her believe that the morally right	
	to the hospital. Give	decision is to stick with the	
	me the keys, Brian!	medical care at the hospital.	
	Let Give me!"	_	
10	(01:15:33-01:15:56)	<b>Id:</b> Sara's instinctive drive to save	Sara defends herself
	Campbell: "Mrs.	Kate at all costs without considering	in court, stating that
	Fitzgerald, how old	the impact on Anna. Ego: A	saving Kate has
	was Anna when she	rational decision to perform medical	always been her
	started donating to	procedures on Anna as the best	priority. This scene
	her sister?"	medical solution for Kate.	highlights the moral
	Sara: "She was a	<b>Superego:</b> Moral conflict arises as  Sara realizes that her actions violated	dilemma between
	newborn."	Anna's rights as a child who couldn't	preserving Kate's
	Campbell: "Did	give consent.	life and respecting
	Anna agree to that?"	give consent.	Anna's autonomy.
	Sara: "No, She was		
	5."		
	Campbell: "Didn't		
	two nurses have to		
	hold Anna down?"		
11	(01:18:30-01:18:52)	<b>Id:</b> The drive from the Id made	Sara regretfully
	Campbell: "Do you	Sara continue her actions, even	admits that Kate has
	think it's reasonable	though they hurt Anna.	always been the
	to conclude that you	<b>Ego:</b> Ego helps Sara explain a	family's top priority,
	might have taken	logical medical reason in court.	even at the expense
	this too far?"	<b>Superego:</b> The superego creates a	of Anna's well-
	Sara: "Looking at	sense of guilt in Sara, even though	being.
	only Anna's		

	situation yes, it is. But I have to think about my entire family." Campbell: "But Kate comes first?" Sara: "Kate's sick."	she still stands by her opinion.	
12	(01:25:25)	<b>Id:</b> The urge from the Id made	Kate tells Anna that
	<b>Kate:</b> "This is the	Kate want to break free from the	she is ready to die
	end, sissy. It just	endless pain.	and no longer wants
	gets scarier from	<b>Ego:</b> The Ego helps Kate face	to continue fighting,
	here on out."	reality with a calm attitude.	as it will only lead to
		Superego: The Superego makes	more suffering.
		Kate feel responsible for the	
		burdens her family bears.	
13	(01:08:55)	<b>Id:</b> The urge from the Id made	Although Sara
	<b>Brian:</b> "She wants to	Brian want to give Kate her final	resisted, Brian took
	go to the beach."	happiness.	Kate to the beach to
	Sara: "She's gonna	<b>Ego:</b> Ego thinks that there are no	fulfill her wish. This
	die!"	major medical risks involved in	scene highlights the
	<b>Brian:</b> "Better come,	going to the beach.	difference in Sara
	if you don't, I want	Superego: Brian's superego still	and Brian's
	a divorce."	believes that bringing happiness is	approaches to
		the right thing to do.	handling Kate's
			situation.
14	(01:36:29)	<b>Id:</b> Sara's id impulse made her let	Sara finally gave in
	<b>Kate:</b> "It's gonna be	go of all the control she had been	to her emotions and
	okay, Mom. I	holding onto and cry	cried as Kate tried to
	promise."	uncontrollably, unable to hold	comfort her, saying
		back her emotions.	everything would be
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17	(24:02)	Id: Sara's id impulse made her act	Sara shaved Kate's
	Sara: "Why are you doing this?"  Anna: "For medical emancipation."  Sara: "You love your sister, right?  You know she's sick. Why won't you help her?"	want to have full control over her own body without her parents' interference.  Ego: Anna's ego presented her demands in court in a logical and structured manner.  Superego: Anna's superego made her feel guilty, even though she was sure that this decision was the best one.	that she was suing her parents for medical emancipation. Her testimony became a turning point in the story.
15	(28:16-28:36)24:  Kate (V.O.): "Mom, you gave up everything for me. Your work, your marriage, your entire life I'm sorry you couldn't win."  (01:20:34)	her emotions to stay strong for Kate, even though it ultimately failed.  Superego: Sara's superego made her feel guilty for not being able to save Kate, despite having fought for years.  Id: Kate's desire to release guilt over the burden her mother endured. Ego: A rational decision to express empathy and apologize openly.  Superego: Justifies the apology as a moral acknowledgment of her mother's sacrifices.	Kate felt guilty for her mother's sacrifices, realizing that despite her struggles, there was no victory. Her apology reflected her maturity and empathy.  Anna firmly stated

# Nadhifa Salma Arfina, Fitri Kurniawan

An Analysis of Maternal Psychological Conflicts...

	Kate: "Don't you	impulsively by shaving Kate's hair	hair as a symbol of
	dare tell me that	as a symbol of solidarity.	solidarity and
	nobody's gonna	Ego: Sara's ego helped come up	emotional support
	stare at me, because	with a simple solution that made	after Kate lost her
	they will."	Kate feel better.	hair due to
	Sara: "Come here."	<b>Superego:</b> The superego	treatment.
	(Sara shaves Kate's	reinforces the value that a mother	
	head)	should always support her child	
		in every situation.	
		,	
18	(01:41:03)	<b>Id:</b> The id impulse emerges as an	After Kate's death,
	Anna (V.O.): "Every	emotional need to find happiness,	the Fitzgerald family
	year, on Kate's	despite having lost a family	continued the
	birthday, we all take	member.	tradition of
	a vacation	<b>Ego:</b> The ego helped the	vacationing together
	together and it's	Fitzgerald family adjust to life	every year on Kate's
	always to the same	without Kate.	birthday as a way to
	place."	<b>Superego:</b> The superego	honor and remember
		reinforces the belief that	her.
		remembering those who have	
		passed is a noble act.	
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