


The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir*

Universitas Ma'arif Lampung, Indonesia

*Correspondence:  muhyidinthohir@umala.ac.id

Article Information:

Received : 2025-04-20

Revised : 2025-05-11

Accepted : 2025-05-30

Keywords: *Personality of Islamic Adolescents, Role of Housewives.*

Abstract

Housewives have a very important role and responsibility, especially in nurturing and guiding their children to become a high-quality generation with good Muslim personalities. Whether this role is performed well or not has a significant impact on the growth and development of Muslim teenagers' personalities. Therefore, mothers must be more active in guiding their children in accordance with Islamic teachings. The research question in this study is "Does the guidance of housewives have an influence on the personalities of Muslim adolescents in Sidodadi Village, Sekampung District, East Lampung Regency?" The purpose of this study is to determine whether the guidance of housewives has an influence on the personalities of Muslim adolescents in Sidodadi Village, Sekampung District, East Lampung Regency. The methods used are the questionnaire method as the primary method, and observation, interviews, and documentation as supporting methods. The population in this study consists of all Muslim adolescents, totaling 470 children. Since the number exceeds 100, the researcher used random sampling, selecting a representative sample of 47 children. To analyze the data, the author used the Chi-Square formula (X). The calculated Chi-Square (X) was found to be greater than the Chi-Square (X) table value at both the 1% significance level and the 5% significance level, or 9.48813.227. This proves that there is an influence, indicating a strong correlation between the guidance of housewives and the personality of Islamic adolescents.

INTRODUCTION

The family is the smallest unit of society, consisting of family members, including the father, mother, and children. According to Moh. Shochib, family psychology is "a group of people who live together in one place, who have very strong emotional bonds in their lives, so that they love, care for, and influence one another" (Moh. Shochib, 2010). If family members can fulfill their roles properly, a harmonious family life is created, which supports the development of a good society.

A mother, in addition to her natural role as a woman who conceives, gives birth, breastfeeds, and raises children, also plays the role of an educator for her children, a homemaker, a caretaker of family health, and so on. As a housewife, a mother also has a

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

very important influence and a great responsibility in nurturing, educating, and raising her children to create a quality generation with good Muslim character.

Efforts to create a quality Islamic generation require serious character development for teenagers so that Islamic teenagers become a generation with good character and can also bring out the potential in children. However, all of this must be achieved with mature independence, strong faith, piety, and high moral standards. In reality, many teenagers in Sidodadi Village have underdeveloped and fragile personalities, low social skills, and weak faith, and many do not live in accordance with Islamic teachings. They are still greatly influenced by their surroundings, especially by teenagers from neighboring villages, often misusing available technology, and always following trends that are not in line with the personality of Muslim teenagers.

Therefore, the role of parents, especially housewives, is crucial in guiding and nurturing the development of teenagers who possess the true personality of a Muslim, in accordance with Islamic teachings. As stated by Abdurahman An Nahlawi, a Muslim family is “a family that bases its activities on the formation of a family in accordance with Islamic law. In a family, parents are the primary and first teachers for their children, so it is from them that children first receive education. Thus, the first place for a child's education is within the family.” (Zakiyah Drajad, 1985)

وَوَصَّيْنَا الْإِنْسَانَ بِوَالِدَيْهِ حَمَلَتْهُ أُمُّهُ وَهْنًا عَلَى وَهْنٍ وَفِصَالُهُ فِي عَامَيْنِ أَنِ اشْكُرْ لِي وَلِوَالِدَيْكَ
إِلَى الْمَصِيرِ ﴿١٤﴾

Meaning: “*And We have enjoined upon man [to be good] to his parents. His mother carried him with hardship and gave birth to him with hardship, and his gestation and weaning [period] is thirty months. Be grateful to Me and to your parents; to Me is your return.*” (QS. Luqman: 14)

From the meaning of the above verse, we understand that one of the factors that greatly influences the world of education as well as the development and growth of a child is the behavior of parents, especially the mother. From the moment a child is born, it is the mother who is always by their side, providing what they need clothing, food, care, and nurture and always interacting with her children. As a role model for her offspring, a mother must be able to instill in her children moral values consistent with Islamic teachings and serve as an exemplary role model for them.

Children not only need material fulfillment but also love, attention, encouragement, and the presence of their parents by their side. Given the significant role of parental

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

guidance in shaping a child's character, every educator (parent) should strive to create a life in accordance with Islamic teachings.

Guidance within a family is expected to influence a child's personality, so that parental guidance can serve as a guide for children to live better lives in society. It is clear that the role of a housewife has a significant influence on the personality of Islamic teenagers. A child will have a good personality if a mother fulfills her role by guiding, mentoring, and nurturing them properly. Conversely, a child will not have a good personality if a mother is not skilled in guiding and directing her children.

Based on a preliminary survey conducted by researchers on Islamic teenagers in Sidodadi Village, Sekampung District, East Lampung Regency, mothers' guidance of their children has been carried out well, but the results are still not in line with what parents expect. Various methods have been employed to nurture children, yet there are several factors that significantly influence them and are beyond direct parental control, namely the social environment and the school environment. Due to insufficient parental supervision, children may engage in behaviors that deviate from religious norms. This is evident in the number of children whose personalities are still considered immature.

Meanwhile, in shaping the personality of teenagers, parents are the primary educators because they are the closest people to the children. This is because, as educators (parents), they are the best role models in a child's eyes. This is what motivated the researcher to conduct this study.

METHOD

In this study, the author used several data collection methods, namely observation, interviews, questionnaires, and documentation. First, the non-participatory observation method was chosen so that the author would not be directly involved in the activities of the research subjects, but could still observe objectively. This observation was used to obtain supporting data such as geographical information and the activities of mothers in shaping the personalities of their teenagers (Sugiono, 2009).

Second, the interview method is understood as a form of verbal communication between two or more people to obtain information directly. The author used transparent interviews with written questions presented in a simple manner, targeting seven respondents: one village head, two staff members, two religious leaders, and two

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

housewives (S. Nasution, *Research Methods (Scientific Research)*, Bumi Aksara, 10th ed. 10; Cholid Narbuko and Abu Ahmadi, 13220).

Third, a questionnaire was used to collect data through a list of written questions. This questionnaire consisted of multiple-choice questions with an indirect approach, where respondents answered questions about others, such as adolescents or family members (S. Nasution, *Research Methods*, Bumi Aksara, 10th ed.; Sugiono, 2009). This instrument consists of 36 multiple-choice questions, with the following scoring scale: 0–12 (low), 13–24 (moderate), and 25–36 (high). Content validity was tested by experts (expert judges), in accordance with Saifuddin Azwar's view on the importance of item-response fit (Saifuddin Azwar, 2019).

Finally, the documentation method was used to collect data from written sources such as notes, transcripts, meeting minutes, books, magazines, and inscriptions. This method was used to obtain information about the number of parents, adolescents, and other supporting data in Sidodadi Village, Sekampung District, East Lampung Regency (Suharsimi Arikanto, 2010).

FINDINGS AND DISCUSSION

The example and habits of parents are reflected in our attitudes and behavior, and these are not lost on a child. A child can easily imitate what their parents do in their daily lives, as children inherently follow the habits their parents practice every day.

Parents are responsible for caring for and educating their children, loving, cherishing, and protecting them with affection. In addition to protection, parents also have the primary duty of providing material support to ensure their children's success. A mother is a great hero whose role is to give birth to a child, and both parents serve as the initial shapers of a child's personality and bear the responsibility of providing adequate education for their offspring. In this context, parents do not only provide general education but also place great importance on religious education.

Similarly, the family plays a crucial role in shaping a child's personality. A mother's loving care and education about the principles of life, both religious and socio-cultural, are conducive factors in helping a child become a good individual and member of society.

The first thing a child sees is their home and environment, which are imprinted in their mind, along with the first life they observe around them and how their lives are lived. Their flexible mind is ready to absorb everything that influences them according to their

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

first environment. A child is a trust entrusted to their parents, Their pure and innocent hearts are like uncarved, unadorned pearls, ready to be shaped and easily influenced by whatever surrounds them. If they are accustomed to and taught to do good, they will grow into good children. Thus, their parents will be very happy in this world and the hereafter, and so will their teachers and educators, who will feel joy at the success of educating a good child. However, if they are accustomed to doing evil and left to their own devices, like livestock, Then he will suffer and deviate from what is expected as parents who want their child to be a good child who is obedient to Allah SWT. His sins will be borne by those responsible for caring for him and his guardians. As the Prophet Muhammad SAW said, “Every child is born in a state of fitrah (Islam), it is the parents who make him Jewish, Zoroastrian, or Christian.” (Hadith of Muslim)

From the hadith above, we can conclude that a child will follow what is commanded and exemplified by their parents, as a child is like a blank sheet of paper that has not yet been written on. Indirectly, it is the parents’ duty to write on that paper with the ink of goodness in accordance with Allah’s commands. Our children will grow up according to what their parents have accustomed them to. A child is not inherently flawed by their intellect; rather, it is those closest to them who shape them in such a way. Since the home has a significant influence on a child’s life, to achieve the above goal, the home must be filled with things that instill religious values and virtues in the child’s soul.

The duty of parents is to provide education in a good way. The education that is the responsibility of a mother to teach to each of her children is moral education. A mother is also the first teacher for her children, and she is the one who greatly influences the foundation for a child, which is what all parents in the world hope for—a child with good moral character. However, a mother's dream for her child to become a good person cannot be realized if she neglects her child's education for things that are beneficial to her. If she lets it go, it means she has made a very serious mistake.

Parents who neglect their children and fail to teach them their religious duties and practices when they are young cause their children to become unruly, so that they cannot benefit from themselves, and they cannot benefit their fathers when they grow up.

Therefore, do not blame a child who blames their own parents for their disobedience by saying, “Father and mother, you have wronged me when I was young, now I will repay you by disobeying you when I am grown up. You have wasted me when I was young, now I will neglect you when you are old and frail.” Let us not make the mistake of raising a

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

child who grows up to say such things. Therefore, as parents, we must be extra careful in raising a child, especially in the modern world today. We must pay extra attention to each of our children, particularly the environment around us. The family environment is the only defense against the onslaught of customs and moral values in this modern era.

A child can only imitate what their parents and surroundings do, so a child's behavior also depends on their parents. Although there are other factors besides parents, such as the environment, school, and friends, the role of parents is very significant because the majority of time is spent with the family. A child is greatly expected to behave well toward everyone, especially toward their parents, as Allah SWT states in Surat Luqman, verse 14, which reads:

وَوَصَّيْنَا الْإِنْسَانَ بِوَالِدَيْهِ حَمَلَتْهُ أُمُّهُ وَهْنًا عَلَى وَهْنٍ وَفِصَالُهُ فِي عَامَيْنِ أَنِ اشْكُرْ لِي وَلِوَالِدَيْكَ
إِلَى الْمَصِيرِ ﴿١٤﴾

Meaning: “*And We have enjoined upon man [to be good] to his parents. His mother carried him with hardship and gave birth to him with hardship, and his gestation and weaning [period] is thirty months. Be grateful to Me and to your parents; to Me is your return.*” (QS. Luqman: 14)

The above verse from Surah Luqman explains that humans are commanded by Allah to do good or makruf to their parents. The sacrifices made by parents in giving birth, loving, educating, and providing for their children are logical reasons for a child to do good to their parents. Good moral conduct by a child toward their parents can be demonstrated by obeying all commands, not arguing with their words, maintaining their good reputation, and not hurting their feelings.

Based on the research findings obtained through observations and surveys conducted by the researcher among Muslim teenagers in Sidodadi Village, Sekampung District, East Lampung Regency, it can be explained that housewives play the most significant role in developing and nurturing their children's personalities. The nurturing of these teenagers' personalities is carried out through activities that encourage them to become accustomed to such activities. Additionally, mothers also use approaches, messages, and language that the teenagers can understand.

CONCLUSION

Based on the frequency distribution table regarding the guidance of housewives on the personality of Islamic teenagers, it can be seen that of the 47 teenagers who were the

The Influence of Motherhood Guidance on The Personality of Islamic Teenagers in Sidodadi Village, Sekampung District, East Lampung Regency

Muhyidin Thohir

research sample, 23 teenagers answered “good” for the age range of 27–30, 15 teenagers answered “fair” for the age range of 23–26, and 9 teenagers answered “poor” for the age range of 19–22. From this data, it can be concluded that the guidance provided by housewives on the personality of Islamic adolescents is rated as “GOOD.”

Based on the frequency distribution table regarding the personality of Muslim adolescents, it can be seen that out of 47 Muslim adolescents who were the research sample, 20 adolescents (42.55%) answered “good” between 27–30, 16 adolescents (34.05%) answered “adequate” between 23–26, and 11 adolescents (23.40%) answered “poor” between 19–22. From this data, it can be understood that the personality of Islamic adolescents is rated as “GOOD.”

There is a significant and positive influence between the guidance provided by housewives and the personality of Muslim adolescents in Sidodadi Village, Sekampung District, East Lampung in 2024. Therefore, the hypothesis proposed can be accepted. With the result $9.488 < 16.13 > 13.227$, it indicates a significant influence.

REFERENCES

- Arikanto, Suharsimi, *Prosedur Penelitian: Suatu Pendekatan Praktik Edisi Revisi* 2010, Jakarta: Rineka Cipta, 2010
- Arikanto, Suharsimi, *Prosedur Penelitian: Suatu Pendekatan Praktik*, Jakarta: PT Abdi Maha Satya, 2002
- Kamus Besar Bahasa Indonesia, Balai Pustaka, cet 3
- Drajad, Zakia dkk, *Ilmu Pendidikan Islam*, Jakarta: Bumi Aksara cet ke 8, 2009
- Drajad, Zakiyah, *Pendidikan Islam dalam Keluarga dan Sekolah*, Bandung: Diponegoro, 1985
- Muslim, Shahih Muslim, Juz 2, Surabaya: Al-Hidayah, 2008
- S. Nasution, *Metode Research (Penelitian Ilmiah)*, Jakarta: Bumi Aksara, cet 13
- S. Nasution, *Metode Research (Penelitian Ilmiah)*, Jakarta: Bumi Aksara, cet 10
- S. Nasution, *Metode Research Penelitian Ilmiah*, Jakarta: Bumi Aksara, 2012
- Shochib, Moh, *Pola Asuh Orang Tua*, Jakarta: PT Renika Cipta, 2010
- Sugiyono, *Statistika untuk Penelitian*, Bandung: Alfabeta, 2009